

## **TCAF Volleyball Rules (Revised 8-1-14)**

Except stated as otherwise in this document, the Rules of play to be used by TCAF shall be those in use at Public Schools of the same level (National Federation).

- 1. All TCAF Rules and Policies apply.**
- 2. All coaches and volunteers** closely related to the teams must read and sign a TCAF Code of Ethics Form which should be kept on file by the member school.
- 3. Rally Point to 25**
- 4. High School**
  - a. Best of 5
  - b. Must win by two. No cap
  - c. Tie Breaker to 15. No cap
  - d. May use the Libero Player
  - e. The team using the Libero Player will be responsible for providing the Libero tracker.
- 5. Jr. Varsity**
  - a. Best of 3
  - b. Rally point to 25 with a 30 point cap.
  - c. Tie Breaker to 15 no cap, must win by two
  - d. May use the Libero Player
  - e. The team using the Libero Player will be responsible for providing the Libero tracker.
- 6. Serving**

At all levels, once the official has beckoned the serve:

- a. Both the benches and players on the court shall remain quiet between the time the serve is beckoned and serve is made.
- b. Fans shall make no deliberate attempts to distract the server between the time the serve is beckoned and serve is made. Anyone violating this rule will be asked to leave the premises.
- c. All movement behind the server must stop.

## 7. Uniforms

- a. Spandex shorts may be worn but may not be shorter than 5” in length.
- b. Uniforms must follow all NFHS specs.

## 8. Dates and deadlines for the following are listed on the TCAF Calendar.

- a. Issuing equipment before the beginning of the season.
- b. Starting date for volleyball practices.
- c. First day for volleyball interschool scrimmages and games.
- d. Rosters and Final Rosters
- e. Copy of participating school’s athletic policies.

## 9. Number of Games and Tournaments

- a. No team shall compete in more than three (3) individual tournaments, plus 24 matches in a season, up to and including the district qualification date.
- b. No matches may be scheduled after the qualification date, except by teams that are in the play-offs. No additional games may be played by a team once it has been eliminated from the play-offs.
- c. All district games must be played and all District games count as Varsity games on the schedule.
- d. No game shall be scheduled on Sunday.
- e. Those students who play on both JV and Varsity may play in no more than 3 tournaments plus a total of 30 games (Varsity and JV games combined.)
- f. A district tournament or district play-off does not count as one of the three tournaments.
- g. Teams in the play-offs are allowed one practice game between each round of the play-offs. These games do not count toward the total games allowed.
- h. Schools may substitute two (2) games for each tournament dropped or add an additional tournament for each 2 dropped games. These changes should be clearly noted on the school’s official schedule.
- i. A varsity starter shall not play on the Junior Varsity team unless the opposing coach gives his permission and there are not enough Junior Varsity players to begin the event. If the game is a JV District game, the game may still be played but will be forfeited by said team. Under no circumstances should a Varsity starter be allowed to play when there are Junior Varsity players on the bench.
- j. No 7<sup>th</sup> grader may play on Varsity or Junior Varsity teams.

## 10. Rosters

- a. A Varsity team roster must be sent to the Volleyball Commissioner by the calendar due dates.
- b. A Junior Varsity team roster must be sent to the Volleyball Commissioner by the calendar due dates.

- c. Junior Varsity Players that also play on the Varsity team must be listed on the Varsity Roster as the “traveling team.”

## **11. General Rules**

- a. The use of tobacco or any controlled substance (alcohol, drugs, etc.) before, during or after games at contest sites is prohibited by TCAF.
- b. Live animal mascots, cannons, firearms, fireworks, etc. are prohibited at TCAF sponsored contests.
- c. No dogs or other animals are allowed at TCAF sponsored contests.
- d. Except in their normal course of business, emergency vehicles shall not flash lights or sound sirens during the course of a game.
- e. Noisemakers are prohibited at TCAF events held at field houses and/ or gymnasiums.
- f. In events held in field houses/gyms, megaphones may be used only by cheerleaders, in uniform. Megaphones must not be used to strike walls or playing surfaces.
- g. Bands, when permitted, shall play only during time-outs and intermissions. Individual instruments may not be used as noisemakers.
- h. Air horns and bullhorns, handheld or otherwise, are not permitted at any TCAF contest.